



sst

School  
of Stitched  
Textiles

# Textiles

SKILL STAGE 3 – ACCREDITED COURSE

City &   
Guilds

ACCREDITED

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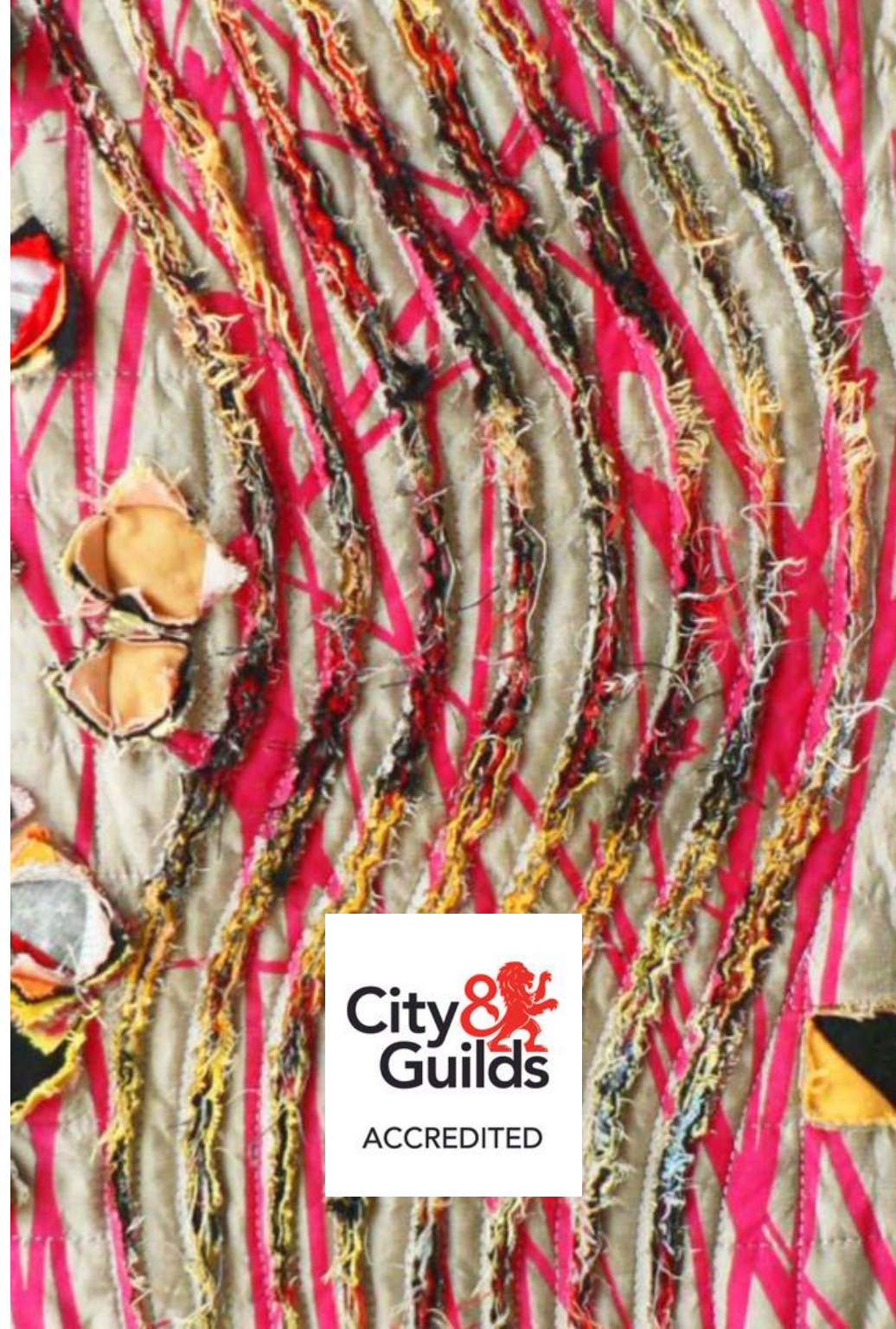


# Overview

**This City & Guilds accredited Textiles course is perfect for students with a little more experience.**

This course consists of 12 modules which focus on getting students to develop their own style and designs, while giving students valuable professional practice.

Our accredited courses are unique to the School of Stitched Textiles. They are comprehensive textile educational programmes that aim to not only teach essential techniques, but also enhance creativity and design skills.



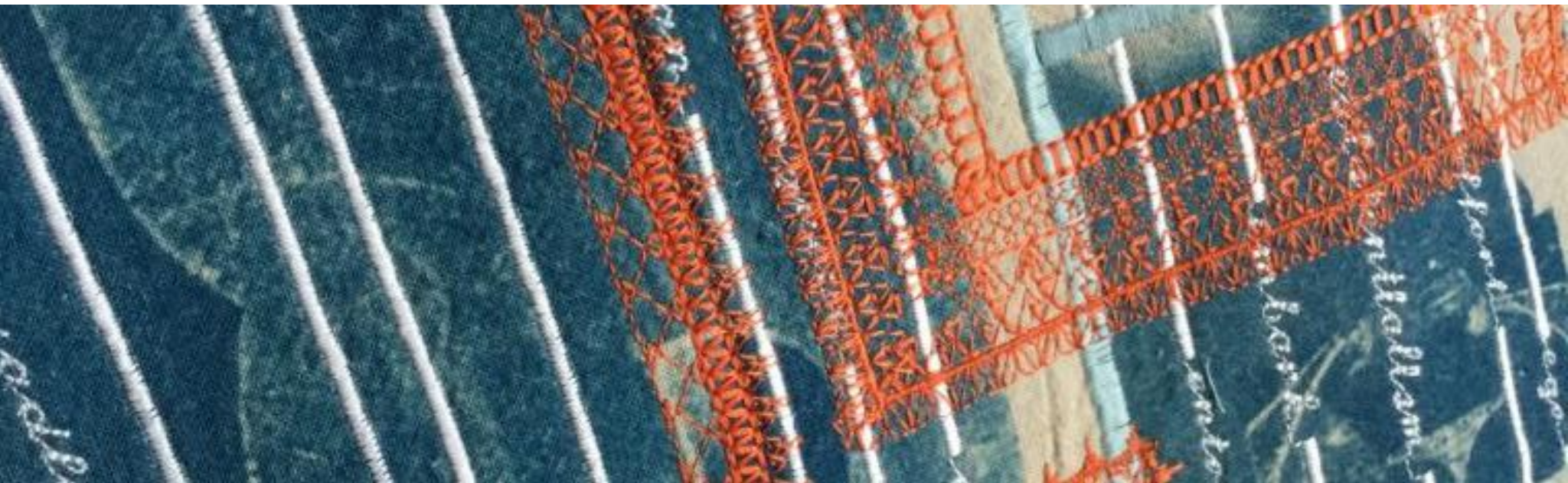
# Course Delivery

This course is supplied as a distance learning course where course materials and tutor assessments are delivered digitally and work is returned to your tutor via digital presentation.

You will work through written and illustrated course materials which are supplemented with 'how to' videos and online galleries.

Your coursework will be reviewed by your tutor and periodically by an Internal Quality Assessor. You will be provided with written feedback and, if needed, you will be able to re-submit altered work.

You can contact your tutor at any time to request your work to date be reviewed and suggestions for future progress be made.



# Modules

## MODULE 1: THE BASICS

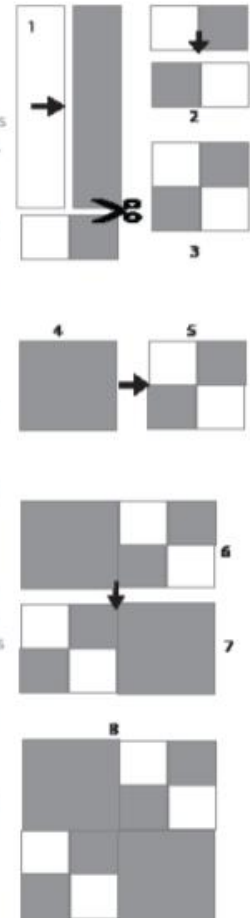
- Research of a chosen artist. You'll get the opportunity to explore an artist (across all mediums), to help you develop your own interest area and personal style
- Introduction into patchwork & quilting basics - machine sewn
- Four and nine patch
- Triangles and log cabin
- Rotary Cutting
- Presentation methods.

## MODULE 2: DEVELOPING A PORTFOLIO

This unit is all about developing your own designs. You'll be given the chance to really experiment with different ideas and image while using different principles of line, colour and texture.

## four patch variation

1. Rotary cut 2 strips of different colours, as shown in fig 1. If you don't have a particular size that you're working to, then 2.5" (6.25cm) is a good width. You would need a strip of 11" (27.5cm) lengthwise if you used this size.
2. Sew the strips together down their long sides and press seam allowance towards the darker of the two colours.
3. Cut 4 segments from your joined strips of 2.5" each. You will have a small piece over so you can straighten both outside edges.
4. Arrange two segments as shown in fig 2, one flipped around so that like colours are diagonal from each other.
5. Sew together, butting seams for a perfect match, as in fig 3.
6. Press seam allowance either way. The result is a four patch unit measuring 4.5" (11.25cm) square. Make another square in exactly the same way.
7. Cut 2 squares of fabric 4.5" (11.25cm) square and one to the right and the other to the left hand side of each of your two four patch units, as shown in fig 4&5. Press seams to one side.
8. Join the rows together, as shown in fig 6&7 to form a block.
9. The finished block size will be 9", but it will end up as 8.5" if you finish the edges with a border or join it to another block.
10. Press the seams on the completed block (fig 8)
11. This block has a number of names, but is often called Autumn Time block or Double Four Patch.



# Modules

## MODULE 3: MACHINE EMBROIDERY BASICS

In this module you'll learn machine embroidery basics.

- Straight stitch
- Swing needle
- Free Machine Embroidery
- Dense and experimental stitches
- Presentation methods.

## MODULE 4: EXPERIMENTING WITH APPLIQUE

Here you will study different applique techniques:

- Applique
- Couching
- Whip
- Moss and Feather Stitching
- Cable stitch.



# Modules

## MODULE 5: QUILTING

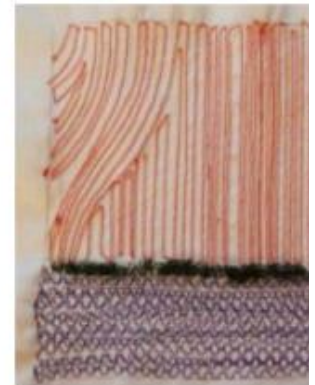
Here you will study a range of quilting techniques such as:

- English
- Trapunto
- Shadow
- Suffolk Puff
- Free Machine quilting.

## MODULE 6: COLOUR

This module focuses on creating your own coloured yarn and fabrics. More specifically you will explore:

- How to colour fibres and fabrics
- Create your own designer folio.



# Modules

## MODULE 7: FINISHES

In this module you will:

- Explore the different decorative finishes and how to include them to compliment your designs
- Explore the different edges to achieve a professional looking product or art piece.

## MODULE 8: EXPERIMENTAL SAMPLES

- Experiment with different samples and develop ideas
- Design and create your first final piece.

## MODULE 9: SECOND FINAL PIECE

- Design and create your second final piece.





# Modules

## MODULE 10: FINAL PIECE

- Design and create your third & final piece.

## MODULE 11: PROFESSIONAL PRACTICE

- Produce a professional CV and profile
- How to price the items that you will go on to produce
- Compile a business plan and assess the competition
- How to present work for promotional purposes online.

## MODULE 12: PRESENTATION

Full presentation compiled of all work for submission.

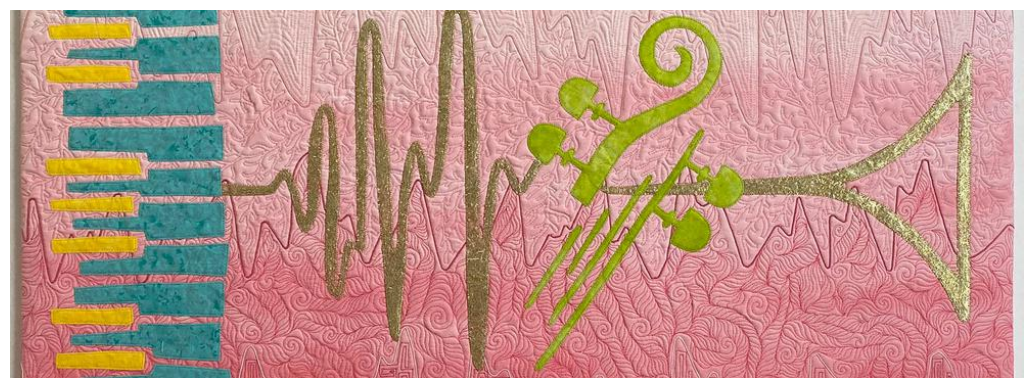




“I would definitely recommend the course to others, as I think the way the modules are written start off by giving you lots of direction and structure, then gradually you have to become more self-sufficient, using the skills and experience you have been building up from earlier modules. I like the way in the later part of the course you can go back to earlier work and develop it further.”

### **Juliet West - Textiles Skill Stage 3**





# Price Information

## Completion.

At the end of the course we'll produce an online video showcasing the highlights of your learning journey. Since all of our courses are delivered via distance learning, you will not have to travel to the centre or transport physical work.

## Pricing.

The cost of the course depends on how many modules you wish to pay for at once. For up-to-date pricing information, please visit the [price page on our website](#).

Students are allowed up to 2 year to complete this course.



# Enrolling

We open enrolment to new students 3-4 times throughout the year. This is your chance to secure a place on your chosen course and begin your creative journey.

As the UK's largest distance learning offering online accredited textile craft courses, demand for these courses is high. Therefore we only invite those who have previously 'expressed an interest' to enrol. If you'd like to be invited to enrol when it opens then please make sure you [register your interest](#).

Upon enrolment you will be asked to agree to and abide by [SST's terms & conditions](#) relating to this course.



# Supporting you

Although our courses are taught via distance learning we encourage students to connect with each other to share their learning journeys.

When students enrol they are invited to join their own unique 'group' on Facebook. These groups include students who will be starting their course at the same time as you.

This is a great way of allowing students to really feel like they are part of a group where they are able to express any concerns and share their creative progress. We also hold regular 'live chat' sessions with tutors.



School of Stitched Textiles was live.

Published by Gail Cowley [?] - January 9

Live Tutor Chat



Catherine Hatfield

Seen by 14 34 Views



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